

Focus on ■■

Summer 2019
Issue 22



Forum of Carers and people
who Use our Services

Follow us on Twitter

 @FoCUS_SaBP

Like us on Facebook 

www.facebook.com/

What is FoCUS? A voice for carers and people who use mental health, learning disability, older people, and drug and alcohol services in Surrey and North East Hampshire, provided by Surrey & Borders Partnership NHS Foundation Trust. Public meetings where NHS Managers learn from people who have experienced these services, what works well and what could be improved. FoCUS members are carers and people who use services, or have used services in the last five years.

All FoCUS members who are carers can also attend the Carers Action Group.

We are delighted to have two new FoCUS Representatives (Reps)

Pam is a new FoCUS Rep for West FoCUS. She is pictured second right with some of the other Reps who attended the July FoCUS Rep meeting. Also pictured are Helen, Janice, Tracey and David along with Clare - Surrey Coalition of Disabled People's new Chief Executive.



We also have a new Rep for North West FoCUS Sharan. At the Rep meeting the Rep's discussed all the issues that had been raised at the Area Group Meetings in June and July. The Reps decided they wanted Personality Disorders and Transfer (discharge) from CMHRS to be agenda items at the August FoCUS Committee. They felt these were the most important topics FoCUS needed answers from the Trust on. These topics arose from discussions around the Trusts presentations on Working Age Adult Care Pathways and Transfer (Discharge) from CMHRS leaflet at the July Area Group Meetings.

We plan to have presentations on the Learning Disability Service and the GP Integrated Mental Health Services (GPIMHS) which were called Primary Care Networks (PCN) at the September and October Area Group Meetings.

Need help to attend meetings? We can pay your travel costs or arrange transport for you. Please contact your FoCUS Involvement Facilitator Jane Ahmed who can be contacted by Telephone 01483 456558, Mobile/SMS Text 07426 022279 or email Jane.Ahmed@surreycoalition.org.uk

I do not want to, or can not go to meetings can I still be involved?

Yes, we can send you regular updates by post or email and you can give us your views, You can also contact us on Twitter [@FoCUS_SaBP](https://twitter.com/FoCUS_SaBP) or via www.facebook.com/FoCUS.SABP

HAVE YOU MOVED OR CHANGED CONTACT DETAILS? PLEASE LET US KNOW

Re-claiming transport costs and car parking to and from FoCUS meetings

If you need help to travel to meetings we can pay your travel costs or arrange transport for you. We are pleased to announce we can now repay you for these costs direct into your bank account - this is called a BACS (Bankers' Automated Clearing Services) payment. If you would like to be paid for your FoCUS expenses in this way please contact Jane Ahmed - details below. Jane will give you a quick form to fill in with your bank details — which only needs to be completed the first time you claim. We will store your bank details securely. At the FoCUS meetings you just need to fill in the transport costs form with the details of your mileage, car parking and public transport costs. Following the meeting the travel expenses will be paid directly into your bank account.

Community Mental Health Recovery Teams (CMHRS) are NOT changing their name

The four July Area Group Meetings heard different things about the name change of the Community Teams. Many FoCUS members asked why the Trust dropped mental health from the title – because it was not clear from the proposed new name - Community Recovery Teams (CTR) what kind of service the team provide. FoCUS members wanted to keep the name CMHRS. North West FoCUS heard that the Trust were proposing these changes to be in line with national guidance in the NHS 10 Year Plan and 5 Year Forward View. Three days later at West FoCUS members heard that the name change has been put on hold and community teams will remain as CMHRS for now.

The Trust asked FoCUS members to complete a survey about their lived experience of Trust's mental health inpatient services at the Abraham Cowley Unit (ACU) in Chertsey. Feedback will help shape the planned redevelopment of the ACU.

Our next FoCUS Area Group Meetings are in September all from 1pm - 3pm on:

East & Mid Surrey Monday 2nd September	Holy Trinity Church, Carlton Rd, Redhill , RH1 2BX
South West Surrey Wednesday 4th September	Godalming Baptist Church , Queen Street, Godalming , GU7 1BA
North West Surrey Monday 9th September	Hythe Centre, Thorpe Road, Staines , TW18 3HD
West Surrey & North East Hampshire Thursday 12th September	PCT07, Aldershot Centre for Health, Hospital Hill, Aldershot , GU11 1AY

If you need help to travel to meetings we can pay your travel costs or arrange transport for you — Please ask Jane Ahmed for more information, details are below.

For more information about FoCUS please contact

FoCUS Involvement Facilitator, Jane Ahmed who works for Surrey Coalition of Disabled People. Jane can be contacted by **Email** ✉ Jane.Ahmed@surreycoalition.org.uk
Telephone ☎ 01483 456558, **Mobile/SMS Text** 07426 022279, **Post** ✉ Surrey Coalition of Disabled People, Room GF41, Astolat, Coniers Way, Burpham, Guildford, GU4 7HL, **Website** 🌐 www.surreycoalition.org.uk/special-interest-groups/focus/

Follow and like us on:



[@FoCUS_SaBP](https://twitter.com/FoCUS_SaBP)



www.facebook.com/FoCUS.SABP