

Focus on ...

Summer 2017
Issue 14



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What is FoCUS? A voice for carers and people who use mental health, learning disability, older people, and drug and alcohol services in Surrey and North East Hampshire, provided by Surrey & Borders Partnership NHS Foundation Trust. Public meetings where NHS Managers learn from people who have experienced these services, what works well and what could be improved. FoCUS members are Carers and people who use services, or have used services in the last five years.

All FoCUS members who are carers can also attend the Carers Action Group.

Family Member Representative on The Scrutiny Panel

The Trust wanted someone to comment on the effectiveness of reports to their Scrutiny Panel from the perspective of a family member.

The Trust were keen to hear feedback on the thoroughness of the investigations, any actions that they feel need adding and importantly the tone of the report and any wording or terminology that needs changing.

Improvements to STEPPS

FoCUS members met with psychologists to discuss this therapy programme which is designed for people either with a diagnosis of Borderline Personality Disorder (BPD) or Emotionally Unstable Personality Disorder (EUPD) or for people who show traits of personality disorder in a way that interferes in their day to day life. Members heard that a new information leaflet about the STEPPS therapy programme has been produced and should now be displayed in all Community Mental Health Recovery Services (CMHRS). Waiting times for this course are now reduced as all CMHRS are now running this course each year and people can access any course not just the one at their local CMHRS. The psychologists also invited one FoCUS member who is trained in

New Trust Governors

Congratulations to FoCUS Representatives Simon and Janice who have been elected as Trust Governors.

Need help to attend meetings? We can pay your travel costs or arrange transport for you. Please contact your FoCUS Involvement Facilitator Jane Ahmed who can be contacted by Telephone 01483 456558, Mobile/SMS Text 07426 022279 or email jane.ahmed@surreycoalition.org.uk

I do not want to or can not go to meetings can I still be involved? Yes we can send you regular updates by post or email and you can give Jane Ahmed your views.

HAVE YOU MOVED OR CHANGED CONTACT DETAILS? PLEASE LET US KNOW

FoCUS Committee in August

In response to issues raised by FoCUS members at the June and July Area FoCUS meetings agenda items for this FoCUS Committee meeting include:

- A report on Mental Capacity
- A report on Autism and Mental Health
- Monitoring of Section 75 social care agreements
- A presentation about learning from the test run of the Single Point of Access
- Outcomes of the audit of letters sent by the Community Mental Health Recovery Services.
- Responses to the questions raised by FoCUS members at June and July meetings.
- A report on the Cares Action Group.
- An update on the Trust's Annual Plan and Future Projects
- Positive reports from FoCUS members from the June and July meetings.
- News and Feedback from the Trust.

A summary of this Committee meeting will be sent out with papers for the September FoCUS meetings for discussion at the September Area meetings below.

Our next FoCUS meetings are in September:

You are welcome to attend any meeting not necessarily the one nearest you.

In October, meetings will be held in Reigate, Guildford, Staines and Farnborough

East & Mid Surrey Monday 4th September: 1pm to 3pm	Park House, Randalls Road, Leatherhead , KT22 0AH
South West Surrey Wednesday 6th September 1pm to 3pm	Godalming Baptist Church, Queen Street, Godalming , GU7 1BA
North West Surrey Monday 11th September: 1pm to 3pm	Hythe Centre, Room 2, Thorpe Road, Staines , Surrey, TW18 3HD
North East Hampshire & West Surrey Thursday 14th September: 1pm to 3 pm	The Creche, High Cross Church, Knoll Road, Camberley , GU15 3SY

FoCUS Rep Hellos and Goodbyes

We are delighted that Donna has chosen to become a Rep for the West FoCUS Area meetings. Donna is a well respected, regular attendee at West FoCUS who is passionate about improving services for everyone.

We were sad to say goodbye to Karen who had been a Rep for the East and Mid FoCUS Area meetings for some time and we wish to thank her for her longstanding commitment to the role and FoCUS.

We still have some Rep vacancies, if you are interested in representing the views of FoCUS members from your Area at the FoCUS Committee please contact Jane Ahmed, details are below.

For more information about FoCUS please contact

FoCUS Involvement Facilitator, Jane Ahmed, who works for Surrey Coalition of Disabled People. Jane can be contacted by Email jane.ahmed@surreycoalition.org.uk, Telephone 01483 456558, Mobile/SMS Text 07426 022279. Post: Surrey Coalition of Disabled People, Room GF41, Astolat, Coniers Way, Burpham, Guildford, GU4 7HL.